

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:7, starttime: 08:49

Heat: 7/16 Lane : 2 Athlete: NOTREDAME INE Q-time: 02:39:40

PB (50m pool): 02:39.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:36.11 SB: 02:43.07 Brugge 01/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.87	01:14.33	02:03.47	02:39.40	
	00:34.87	00:39.46	00:49.14	00:35.93	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+ Heat:7, starttime: 08:49

Heat: 7/16 Lane : 8 Athlete: BOUTTELEGIER ANAÏS Q-time: 02:39:58

PB (50m pool): 02:39.58 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:36.49 SB: 02:40.92 Brugge 25/01/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.06	01:17.17	02:02.11	02:39.58	
	00:35.06	00:42.11	00:44.94	00:37.47	
					

Coach feedback:

Event number: 35: 200M BREASTSTROKE MEN 15+ Heat:7, starttime: 09:40

Heat: 7/7 Lane : 8 Athlete: DELPORTE NIO Q-time: 02:32:78

PB (50m pool): 02:32.78 Kortrijk 26/12/2025 PB (25m pool): 02:28.40 SB: 02:32.78 Kortrijk 26/12/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.68	01:12.42	01:52.53	02:32.78	
	00:33.68	00:38.74	00:40.11	00:40.25	
					

Coach feedback:

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Event number: 36: 100M FREESTYLE WOMEN 15+			Heat:7, starttime: 09:53
Heat: 7/12 Lane : 6 Athlete: MIGOM LOBKE			Q-time: 01:01:38
PB (50m pool): 01:01.38 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 00:59.49 SB: 01:01.38 Lago Kortrijk Weide 03/05/2026
	5 0 M	1 0 0 M	
PB	00:29.63	01:01.38	
	00:29.63	00:31.75	
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+			Heat:5, starttime: 10:11
Heat: 5/13 Lane : 8 Athlete: PLOVIE FLYNN			Q-time: 01:06:14
PB (50m pool): 01:06.14 Antwerpen 27/07/2025			PB (25m pool): 01:02.78 SB: 01:06.50 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.03	01:06.14	
	00:32.03	00:34.11	
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+			Heat:7, starttime: 10:15
Heat: 7/13 Lane : 1 Athlete: EECKHOUT SIEBEN			Q-time: 01:04:88
PB (50m pool): 01:04.88 Antwerp 02/02/2025			PB (25m pool): 01:03.27 SB: 01:06.32 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.52	01:04.88	
	00:31.52	00:33.36	
			

Coach feedback:

Event number: 37: 100M BACKSTROKE MEN 15+			Heat:12, starttime: 10:25
Heat: 12/13 Lane : 3 Athlete: DE CRAEMER CAS			Q-time: 00:59:94
PB (50m pool): 00:59.94 Antwerpen 22/03/2026			PB (25m pool): 00:58.85 SB: 00:59.94 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.37	00:59.94	
	00:29.37	00:30.57	
			

Coach feedback:

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Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:4, starttime: 10:40
Heat: 4/11 Lane : 7 Athlete: NOTREDAME INE					Q-time: 02:37:88
PB (50m pool): 02:37.88 Brugge 01/02/2026					PB (25m pool): 02:30.61 SB: 02:37.88 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.90	01:17.21	01:58.24	02:37.88	
	00:36.90	00:40.31	00:41.03	00:39.64	
					

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:9, starttime: 10:58
Heat: 9/11 Lane : 7 Athlete: MIGOM LOBKE					Q-time: 02:29:58
PB (50m pool): 02:29.58 Brugge 01/02/2026					PB (25m pool): 02:24.39 SB: 02:29.58 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.53	01:13.30	01:51.82	02:29.58	
	00:35.53	00:37.77	00:38.52	00:37.76	
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+					Heat:9, starttime: 12:08
Heat: 9/12 Lane : 4 Athlete: EECKHOUT FLEUR					Q-time: 00:35:23
PB (50m pool): 00:35.23 Kortrijk 04/05/2025					PB (25m pool): 00:34.49 SB: 00:36.02 Antwerpen 22/03/2026
	5 0 M				
PB	00:35.23				
	00:35.23				
					

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+					Heat:9, starttime: 12:21
Heat: 9/24 Lane : 7 Athlete: PLOVIE FLYNN					Q-time: 00:28:29
PB (50m pool): 00:28.29 Brugge 14/02/2026					PB (25m pool): 00:29.20 SB: 00:28.29 Brugge 14/02/2026
	5 0 M				
PB	00:28.29				
	00:28.29				
					

Coach feedback:

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Event number: 41: 50M BUTTERFLY MEN 15+										Heat:15, starttime: 12:26																				
Heat: 15/24 Lane : 6 Athlete: EECKHOUT SIEBEN																				Q-time: 00:27:63										
PB (50m pool): 00:27.63 Brugge 25/01/2026																				PB (25m pool): 00:28.82 SB: 00:27.63 Brugge 25/01/2026										
	5 0 M																													
PB	00:27.63																													
	00:27.63																													
																														

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:17, starttime: 12:28																													
Heat: 17/24																				Lane : 8					Athlete: DELPORTE NIO										Q-time: 00:27:37				
PB (50m pool): 00:27.37										Antwerpen 15/03/2026										PB (25m pool): 00:27.87										SB: 00:27.37					Antwerpen 15/03/2026				
	5 0 M																																						
PB	00:27.37																																						
	00:27.37																																						
																																							

Coach feedback:

Event number: 41: 50M BUTTERFLY MEN 15+										Heat:20, starttime: 12:31																													
Heat: 20/24																				Lane : 4					Athlete: DE CRAEMER CAS										Q-time: 00:26:63				
PB (50m pool): 00:26.63										Brugge 14/02/2026										PB (25m pool): 00:28.08										SB: 00:26.63					Brugge 14/02/2026				
	5 0 M																																						
PB	00:26.63																																						
	00:26.63																																						
																																							

Coach feedback: